



CODES OF CONDUCT

SunCity is committed to safeguarding and promoting the wellbeing of all its members. The club believes it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. **Members are encouraged to share any concerns or complaints that they may have about any aspect of the club with Christopher Nicholas ([Welfare Officer](#)).** Either in person or by emailing the club marked "Welfare" in the subject.

The Codes of Conduct set out what your Club will try to do for you, and what you can do for your Club. The Club aims to:

- Offer support, encouragement, and a welcoming atmosphere.
- Ensure that the Club and its activities are safe, legal, fair, and ethical, and meet good practice guidelines.
- Provide a range of training and development opportunities for all abilities.
- Provide opportunities for Members to influence the Club's strategy, and to contribute to the running of the Club.

The committee may at times need to amend the Codes of Conduct. If it does, any changes will be publicised to members.

By joining the club you agree to abide by the Codes of Conduct as shown below. If you do not abide by these Codes, your membership could be withdrawn.



Members Code of Conduct

Members are expected:-

- To participate within the rules of the sport, respecting officials and their decisions - physical or verbal abuse or bullying of officials or other athletes is **not** acceptable or permitted behaviour in any sport and will not be tolerated by the club.
- To respect the rights, dignity and worth of all, regardless of: disability; gender reassignment; marriage and civil partnership; pregnancy and maternity; race; religion or belief; sex; sexual orientation.
- To uphold the good name of SunCity Tri Club, both inside and outside of Club activities, and conduct themselves in a professional, decent, honest, and legal manner.
- To encourage and commend fellow members in their training, competition and participation.
- To arrive for training and competition in good time to prepare properly.
- To wear suitable kit for training, especially cycling - a correctly fitting helmet is compulsory.
- To register and pay fees for training prior to each session.
- Not to smoke during club training sessions or be under the influence of alcohol or recreational drugs
- Practice and encourage fair play / anti doping



Junior Members Code of Conduct **(see foot page for younger members)**

Junior members are expected:-

- To participate within the rules of the sport, respecting officials and their decisions - physical or verbal abuse or bullying of officials or other athletes is **not** acceptable or permitted behaviour in any sport and will not be tolerated by the club.
- To respect the rights, dignity and worth of all, regardless of: disability; gender reassignment; marriage and civil partnership; pregnancy and maternity; race; religion or belief; sex; sexual orientation.
- To encourage and commend fellow members in their training, competition and participation.
- To arrive for training and competition in good time to prepare properly.
- To wear suitable kit for training, as agreed with the coach. This is especially important for cycling where a correctly fitting helmet is compulsory.
- To pay any fees promptly.
- To remain in training sessions from beginning to end. If they have to leave early or are being collected by someone other than the parent/carer, the parent/carer must let the coach know the details of the alternate arrangements.
- To warm up and cool down properly on all occasions.
- To show good sportsmanship by applauding all good performances, whether they are made by your club or the opposition.
- To cooperate with your coach, club-mates and opponents. Remember, without them there would be no competition.
- Not to smoke during club training sessions or be under the influence of alcohol or recreational drugs
- Practice and encourage fair play / anti doping



Parent/ Carer Code of Conduct

As a club, we expect all parents/ carers of Junior (Under 18's) members to abide by the following:-

- Submit a Parental Consent Form along with your child's membership application.
- Encourage your child to learn the rules and play within them.
- Discourage unfair play and arguing with officials.
- Help your child to recognise good performance, not just results.
- Never force your child to take part in sport.
- Set a good example by recognising fair play and applauding the good performances of all.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept officials' judgements.
- Support your child's involvement and help them to enjoy their sport.
- Use correct and proper language at all times.
- Parents/carers are welcome to stay and watch the sessions but this is not compulsory.
- Practice and encourage fair play / anti doping

A note about contact with young people

It is important that officers of the club communicate appropriately with children and young people, be that in person, by phone, in writing, text, online or any other form. Any communication should be relevant to the athlete's participation in triathlon. Where contact is needed or made, the parent or carer will be advised and provide permission.

Social media is fully integrated into daily life and provided the club with a convenient outlet for current and potential members. Suncitytri do have a Facebook group and an official page and have an events twitter feed. There is a pinned post with regard to expected behaviour, and we equally expect parents and carers to set appropriate boundaries for young people.



Code of Conduct for Club Officials and Volunteers

In addition to the general member rules, Club Officials and Volunteers are expected:-

- To consider the wellbeing and safety of participants before the development of performance.
- To develop an appropriate working relationship with participants based on mutual trust and respect.
- To make sure all activities are appropriate to the age, ability and experience of those taking part.
- To promote the positive aspects of the sport (e.g. fair play).
- To display consistently high standards of behaviour and appearance.
- To follow all guidelines laid down by British Triathlon association and SunCity Tri Club.
- Never to exert undue influence over participants to obtain personal benefit or reward.
- Never to condone rule violations, rough play or the use of prohibited substances.
- To encourage participants to value their performances and not just results.
- To encourage and guide participants to accept responsibility for their own performance and behaviour.
- Coaches will ensure that risk management systems include individual needs, such as access to medication as advised by the BTF. A full coaches code of conduct is available on our website <http://suncitytri.co.uk/membership/>



DO

Be Kind! See the good bits of people and talk about them, don't make fun of others who might be just learning.

Enjoy it! Listen to the coach or referee and try your best to do what they say

We're all different – that's a good thing, don't forget we also all change

Wear the right Kit! – always wear a bike helmet, always check your bag, always have a drink.

Stay in the group! Don't wander off, don't leave the training area without telling the coach.

Stay safe! If there is anything you are worried about, talk to the coach or your parent or carer.

Enjoy it your way, you don't have to win, you don't have to be fast – just look at the adults! Haha.



Useful links:

BTF safeguarding <https://www.britishtriathlon.org/about-us/safeguarding>

BTF Age Group Code of Conduct

<https://www.britishtriathlon.org/britain/documents/age-group/policies-and-guidelines/ag-code-of-conduct-05-17.pdf>

Coaches code of conduct BTF

https://learninghub.britishtriathlon.org/pluginfile.php/8056/mod_data/content/381/Coaching%20Code%20of%20%20Ethics%20and%20Conduct

BTF code of ethics

https://www.britishtriathlon.org/britain/documents/about/policy-documents/general-policies/code_of_ethics_website_nb.pdf